BESTWINGS
广东百盈
—SINCE 2004—

BABY CARE

BABY
HYGIENE CARE
MANUAL

2.0

BEST LOVE BEST CARE



VISION

Bestwings created, world renowned

MISSION

Be devoted to product innovation, grow with employees together and strive for benefit of customer.

VALUES

Honesty

Adhere to the spirit of the contract and be a responsible Bestwings employee.

Passion

Approach work with passion and positivity, striving for excellence in everything.

Innovation

Dare to develop value-added new products; explore new production methods; establish new management systems.

Efficiency

Maximize results through methodical approaches.

Guangdong Bestwings Industrial and Trading Co., Ltd. was founded in 2004. It is a comprehensive innovative company specializing in R&D ,and sales of infant and child nail care products. Adhering to the principle of "producing products of high safety, high quality, and high aesthetics," also provides OEM and ODM services for domestic and international brands.Our own brands:BEST-BB,SUNGEEMAMA,Hee-han.

http://bestbb.en.alibaba.com
https://www.gdbestwings.com
https://www.youtube.com/@Babynailcare

E-mail: sales@bestwings.cn
bestwings@163.com

ADD:No.50, Yuyuan 2nd Rd., Dongcheng Town, Yangdong, Yangjiang City, Guangdong Province, China

PREFACE

With the comprehensive opening of the two-child policy in the country, the rapid development of the infant and child market has been driven to a certain extent. In addition, families are paying more attention to the quality of life and living environment for their children, making the market capacity of the children's consumer group quite considerable.

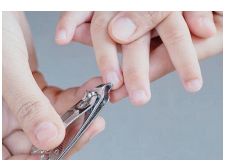
Nowadays, people's attention to the health and hygiene of infants is continuously increasing, and the demand for infant and child hygiene care products is also growing, especially baby nail care has become a focus of modern parents. In order to meet market demand, the infant and child nail care industry is constantly innovating and introducing a series of professional baby nail care tools.

However, in the past, due to objective limitations, parents usually paid more attention to their children's basic living needs, such as food, clothing, and shelter, and rarely focused on the hygiene care of their baby's nails. Therefore, whether in China or around the world, the development of infant and child nail care can be divided into three different stages.

In the 1970s and 1980s, people commonly used tailor scissors to trim children's nails. The thick blade and long handle of the scissors made it easy for adults to accidentally injure the delicate skin of children while trimming their nails.



In the 1990s, with the increase in market demand, adult-specific nail grooming tools began to emerge, including nail clippers designed for both adults and children to share. However, due to the differences in size and shape of adults' and children's nails, using adult nail clippers to trim children's nails still posed safety risks. Additionally, sharing tools between adults and children could easily lead to cross-contamination of bacteria.



In 2015, Guangdong Bestwings advocated for the use of dedicated nail care tools for infants and children. These tools feature safer and more user-friendly rounded tips and anti-pinch designs, tailored to the changes in nail growth from newborns to children aged 12. This ensures that infants and children are less prone to injury during nail trimming. Additionally, extending to include care tools for infant ear and nasal hygiene, they are assembled into a comprehensive infant and child hygiene care set.



In addition to safety and user-friendly design, these baby nail clippers have also made great progress in packaging design. In addition to individual products, there are also gift box designs, which are not only suitable for personal use but can also be given as gifts to others, increasing the value and appeal of the product.

Today, young parents are increasingly focusing on their children's health and hygiene, including the dissemination of nail care knowledge. In the future, more families will pay attention to the issue of infant and child nail hygiene, and therefore, the market demand will continue to grow.

Guangdong Bestwings Industrial and Trading Co., Ltd. has been dedicated to manufacturing infant and child nail care products since 2004. Our vision is to ensure that every child worldwide has access to dedicated nail hygiene care tools for infants and children.

As of 2023, we have provided over 47.03 million infants and children worldwide with these specialized tools. Moving forward, we are committed to continuing our efforts.

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01 NAIL CARE

NAIL CARE

1.Consequences of not trimming a baby's nails in a timely manner

①Long nails easily trap dirt and bacteria, becoming a source of infection. Babies who like to put their hands in their mouths may ingest bacteria and viruses.

②Babies tend to scratch and grab things with their hands, and long nails can easily scratch their delicate skin.

③Some babies clench their fists, and long nails can leave deep marks on the palms of their hands, causing pain.

④Babies are active and energetic, and newborn nails are thin and soft. If the nails are long, they can easily break or even injure the skin of the fingers.

2.At what age can you trim a baby's nails and how often should you do it



Babies can have their nails trimmed as early as two days after birth because they are born with nails, although they are soft, they already have sharp edges and babies unconsciously scratch their faces, potentially causing scratches on their delicate skin.

Newborns' fingernails grow particularly fast, with fingernails growing at a rate of 0.1mm per day for infants aged 1-2 months, while toenails grow more slowly. Generally, we recommend trimming the baby's fingernails once a week and toenails once or twice a month. However, each baby's nail growth may vary, so parents should observe and trim their baby's nails in a timely manner.

3.Why use specialized baby nail care tools for babies

Babies have weaker immunity, and sharing nail grooming tools with family members can easily lead to cross-contamination of bacteria, potentially causing conditions like paronychia in babies.

Dedicated nail care tools for infants and children are designed based on the growth characteristics of their nails. For example, they feature safe clipper edges and unique curved designs that perfectly fit the baby's fingertips, making it less likely to accidentally injure the baby's fingers and ensuring safety and convenience.

Therefore, it is essential to provide babies with their own dedicated nail care tools.

4.How to choose the right infant nail care tools

Baby nail care tools are generally divided into two categories based on age:

0-6 MONTHS

For newborns under 6 months old, it is recommended to use nail clippers (with blade size suggested between 7-18mm) to trim their nails. At this stage, the baby's nails are thin and soft. Special nail clippers for newborns have thin and sharp blades, making it easy to trim the nails closely without causing any discomfort. Additionally, to protect the baby from scratches, nail clippers typically feature a safety rounded tip design.



6 MONTHS AND ABOVE

For babies over 6 months old, their nails gradually become harder. It's recommended to start using infant-specific nail clippers (or nail clippers with blade size suggested between 18-25mm). The design of infant-specific nail clippers perfectly matches the baby's fingertips, allowing mothers to trim their nails in one step to prevent the baby from crying and making it easier to trim. Moreover, the top of the nail clippers is designed with a blunt tip, so there is no need to worry about the baby being scratched by sharp blades when grabbing them randomly.

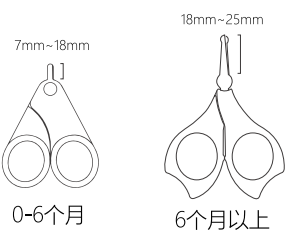


5. Key points for selecting infant and child nail care tools

(1)Choose according to the baby's age stage.

0-6 months: Choose scissors with a blade size between 7mm and 18mm.

6 months and older: Choose scissors with a blade size between 18mm and 25mm, or infant-specific nail clippers.



(2)Hardness requirements.

①Low carbon steel should be no less than 700Hv.

②Medium carbon steel should be 48HRC-58HRC, and stainless steel should be no less than 48HRC.

(3)safety requirements

①Scissor with rounded tip design, nail clippers with features to prevent nail debris from splashing, and designs to prevent cutting the baby's fingers.

②Material-wise, it needs to be odorless, paying attention to whether the material in the product information meets the requirements for being harmless and environmentally friendly to infants.

6. Baby nail clippers differ from adult’ s

Baby nail clippers is smaller in size, usually made of plastic with baby-friendly colors. The most important feature of baby nail clippers is the curved shape of the blades, which fits the baby's fingertip perfectly, making them safer and easier to use.

Adult nail clippers have wider blades, and most of them on the market are made of metal with an original finish or a painted surface. Some are covered with a plastic casing.

Specific differences are as follows:

① Size: Visually, baby nail clippers and adult nail clippers are completely different in size, with the former being much smaller and the latter being much larger. Baby nail clippers is more suitable for babies' small hands and are easier to handle.

② Sharpness: Baby nail clippers is less sharp to avoid injuring the baby. Adult nail clippers is much sharper.

③ Blade opening: The blade opening of baby nail clippers is rounded, which can reduce the risk of injury to some extent. The blade opening of adult nail clippers is pointed.

Therefore, we recommend using baby nail clippers for infants.

(Friendly reminder: Baby nail clippers is not suitable for trimming adult nails.)

7.Specific steps for trimming nails

Baby nail clippers:

(1) Correct posture:

We can have the baby lie flat on the bed or sit and hold the baby, holding the baby's little hand close to us. It is best to be in the same direction and at the same angle, so as not to cut too deep and hurt the baby.



(2) How to hold the hand:

After holding the baby's little hand, separate the five fingers, pinch one of the fingers and cut it. After cutting one, change to another. Parents need to pay special attention not to hold a row of fingers and cut them at the same time. If the baby suddenly moves, it will be difficult for us to control and it will be easy to accidentally injure other fingers.

(3) Trimming order:

When cutting the baby's nails, we cut the middle first, and then trim the two ends, which makes it easier to control the length of the trim. The standard is to be flush with the fingertips or slightly shorter than the fingertips, and not too curved.

(4) Smoothing sharp corners:

After trimming on both sides, there may be sharp corners on the nails. We can use a nail file to smooth out these sharp corners.

(5) Post-trimming inspection:

Parents can use their own fingers to touch around the baby's little nails to check. If they find any protruding corners, they must be removed promptly.

Baby nail scissors:

(1) Preparation before trimming:

We should choose a well-lit, warm room to ensure that we can see the baby's nails clearly. If conditions permit, it is best that two people work together, one holding the baby's little hand to cut the nails, and the other one helping to support the baby's hand or foot to prevent the baby from suddenly moving and causing unnecessary danger.

(2) Correct operation of nail trimming:



When cutting nails, keep the nail scissors parallel to the nails, and remember the principle of "cutting the middle first, then trimming the sides". This will make it easier to control the length of the trim. The standard is to be flush with the fingertips or slightly shorter than the fingertips, and not too curved.

(3)Post-trimming care:

Parents can use their own fingers to touch around the baby's little nails to check. If they find any protruding corners, they can use a nail file to smooth them out.

8.The necessity of a nail file

After trimming the baby's nails with baby nail clippers or nail scissors, there are often sharp points on both sides of the nails. If not treated in time, it can scratch the baby's skin. Therefore, it is very necessary to use a nail file to polish the sharp points on both sides.

9.How to use a nail file correctly

(1) Posture when filing nails:

First, the parent can hold the baby or let the baby lean on the thigh, hold the baby's palm and fingers with the hand, gently push down the baby's finger pad, so that there is a certain distance between the flesh and the nail at the edge of the nail, and then we can use the nail file to gently help the baby to file nails.

(2) Correct operation of nail filing:



When filing nails, we should file from right to left or from left to right, in one direction. When filing the sides of the nails, it is from right to center, from left to center, and the force should be kept even throughout the process.

(3) Post-filing care:

After filing the nails, mothers can use a clean, soft cloth or paper towel to wipe the baby's fingertips to remove any nail dust from cutting the nails.

10.How to make your baby adapt to nail clipping

(1)0-1 year old:



Don't scare him or her. The best time to clip nails is when the baby is asleep or feeding. The baby's sensitivity to the outside world is greatly reduced when he or she is asleep, so parents can feel free to trim his or her nails. If you are cutting your baby's nails when he or she is awake, you can ask someone else to hold the baby and distract him or her, so that you can concentrate on cutting his or her nails. Hold the baby's fingers firmly when cutting his or her nails, so as not to cut the skin, and do not cut the nails too short. If the baby is injured because of nail clipping, he or she will be afraid of it and resist nail clipping.

(2)1-3 years old：

Let him or her learn to cooperate. As the baby's language comprehension ability improved, you can inspire him or her to say "what will happen if nails are not cut", "what are the disadvantages of long nails", "how to prevent nails from hiding dirt", etc. Finally, let the baby check his or her own nails, and then let him or her say what to do. Only in this way can the baby learn to cooperate with the parents to cut his or her nails.

(3) 3-6 years old:

From passive to active. When the baby is a little older, you can tell a story while cutting his or her nails, especially for children who are already in kindergarten and have a concept of time. Tell the child that he or she needs to clean the nails once a week, and cultivate the habit of reminding the parents to cut his or her nails regularly. Don't underestimate this little reminder, it is a great change from passive to active. So when the child reminds you, be sure to praise him or her immediately. In this way, the baby will gradually adapt to the process of nail clipping from an early age, and nail clipping will become a good habit in the baby's life, which will also be of great help to the child's hygiene education.

11.Misconceptions about baby nail care

(1)Use a toothpick to clean the nail

If there is dirt in the baby's nail, it should be cleaned. After all, babies like to eat their fingers. However, it is not right to use sharp objects such as toothpicks and knives to clean them, as this can easily hurt the baby's fingers and is bad for nail growth. The correct way is to rinse the nail with clean water after cutting the baby's nails.

(2)Only cut the whole, not trim the corners

If you only cut and do not trim, the corners of the baby's nails will become sharp, and the baby will be more likely to be scratched by himself, so cutting and trimming are equally important.

(3)The nails on both sides are cut too deep

The pain of nails growing into the flesh must have been experienced by many parents. Many parents want to reduce the frequency of nail trimming for their babies, so they will cut the baby's nails too short. In this way, the grown nails will become ingrown nails, embedded in the soft tissue, thus damaging the surrounding skin, and may even cause infection and lead to paronychia.





02

NOSE CARE

NOSE CARE



1.Why do newborns have a lot of boogers

Because the newborn's respiratory system is not yet fully developed, many newborns have more boogers, and their breathing is generally not smooth. With age, this condition will become less .

2.Should newborns pick their boogers

When a newborn has boogers, it is mostly a physiological phenomenon. If it does not affect nasal breathing, it generally does not need to be cleaned. Boogers can be cleaned by breathing and sneezing. However, if the newborn has a lot of boogers, which block the nasal cavity and affect nasal breathing, it needs to be cleaned.

3.How to clean newborn boogers

Because the baby's nasal mucosa is delicate, we must be careful and cautious when cleaning boogers.

So, how to clean newborn boogers?

For boogers on the outside of the nostrils, do not use your hands or fingernails to pick them out for the baby. This will not only hurt the baby, but also the bacteria in the adult's nails will be harmful to the baby's nasal mucosa. You can use a baby-specific cleaning nose clip to gently clip them out. The tip of the baby-specific cleaning nose clip is generally designed with a round head, which will not poke the baby's nasal cavity. If the boogers are shallow, this is the simplest and quickest method.

For boogers deep in the nasal cavity, be sure to pay attention to safety. You can use a nose clip with LED light to directly see the deep part of the baby's nasal cavity. The soft silicone head will not hurt the baby.

If the newborn's boogers are relatively moist and soft but not with nasal hair, parents can use an infant nasal aspirator to suck out the boogers in the nose. When using the nasal aspirator, squeeze it gently, do not use too much force, otherwise it will hurt the baby.

If the boogers are hard with nasal hair, parents can use a wet cotton swab to moisten the nasal cavity, and then use a nose clip to gently remove it. You can choose an infant nasal clip with a soft silicone clip head to protect the baby's nasal cavity.

Be gentle when cleaning to avoid damaging the nasal mucosa. If you cannot clean it by yourself, you should seek medical attention promptly and have it cleaned by a professional doctor.

4.How to use the cleaning nose clip correctly

(1)Preparation before cleaning the nasal cavity:



When cleaning the nasal cavity, it is best to choose a time when the baby is sleeping or quiet, and keep the room well-lit.

(2)Correct operation of nasal cavity cleaning:

First, place the baby on a flat surface. Before cleaning the baby's nasal cavity, you can gently massage the baby's nostrils. This is helpful for the discharge of nasal dirt, and then insert the cleaning nose clip into the baby's nostril and gently pull it out in the direction of the nasal cavity.

5.How to prevent newborns from having a lot of boogers

First, let the baby have a balanced nutrition, pay attention to moderately increasing or decreasing the baby's clothes, prevent the baby from catching a cold, maintain smooth breathing, and parents should not directly pick the baby's boogers.

Secondly, keep the baby's growth environment moist, prevent it from being too dry, and prevent damage to the nasal mucosa. If a newborn has a lot of boogers, it is also necessary to prevent respiratory diseases, seek medical attention in time.





03

EAR CARE

EAR CARE



1.Can babies have their ears cleaned

Generally speaking, babies under the age of 3 are more likely to have earwax. If the amount is small, parents do not need to clean it deliberately. Because an appropriate amount of earwax is used to protect the ear, it guards the gate of the external auditory canal like a sentry. However, if the amount of earwax is large, affecting the baby's hearing and discomfort, it needs to be treated.

2. How to clean a child's ears correctly

The tools for cleaning a baby's ears, traditional ear spoons are mostly made of metal, and some parents also use cotton swabs, but this blind cleaning method may damage the baby's ear canal. Here, it is recommended that mothers use a luminous ear spoon to clean their baby's ears. The silicone head makes the baby comfortable, and the LED light allows adults to clearly see the baby's ear cavity, solving the problem of traditional blind cleaning, giving parents and children a wonderful and comfortable time. The force of cleaning baby's ear canal must be light! This is very important, because the skin of the baby's ear is very delicate, and it is easy to get hurt if you are not careful. Never use sharp objects such as nails, iron bars, or hairpins to clean the baby's ears. In addition, if the mother does not have skilled techniques and cannot grasp the strength of cleaning, it is recommended to take the baby to the hospital and let a professional doctor use professional cleaning tools, which is safer.

3.How to use the luminous ear spoon correctly

(1) Preparation before ear cleaning:



When cleaning your baby's ears, it is best to choose when the baby is sleeping or quiet. Otherwise, the baby is likely to cry when awake, which may lead to dangerous situations.

(2) Correct operation of ear cleaning:

A baby's ears are relatively tender, so be sure to pay attention to the intensity when cleaning the ears. When using a luminous ear spoon, do not enter the ear canal from the middle. You can enter from the back of the ear canal and pull the ear spoon forward. You can also enter from the upper of the ear and force it down. Repeat this operation to easily clean the baby's ears.



4.Precautions for children's ear care

Babies are relatively young and their organs are not fully developed, so extra care should be taken when cleaning their ears! In addition, the following situations require medical attention:

① Water enters the ear canal when washing hair or taking a bath, causing cerumen impaction, which is stuck in the ear canal like a stone;

②The child feels uncomfortable in the ear, or tinnitus occurs, and the ear is painful;

③ Some people's earwax is oily, known as "oily ears". You can go to the hospital for regular treatment.



04

HAIR CARE

HAIR CARE



1.When can I shave the lanugo hair

Many parents think that shaving the lanugo hair will affect the baby's hair quality, but in fact it has nothing to do with it. The thickness and density of the baby's hair are mainly related to the level of adrenal in the body and nutritional status. Many babies have less and yellower hair after shaving the lanugo hair, but with the increase of months and nutrition, the baby's hair will usually grow more and darker after one year old.

In some places, it is customary to cut the baby's hair on the full moon day, which is called "full moon shave". In other places, it is customary to cut the baby's hair when the 100-day banquet is held, which is called "100-day shave".

This depends on the length of the baby's hair and there is no time point. However, when parents shave their baby's head, they need to pay attention to wearing a hat for the baby after shaving to avoid the head getting cold.

2.Provide better choices for haircuts for infants and young children

When the baby needs a haircut, some parents take them to the barber shop, but many of the barber tools in the barber shop have not been disinfected and are shared by many people, which can easily cause the baby to be infected with bacteria.



Some parents think that shaving their baby's head will make the hair grow thicker and thicker, so they use traditional razors. In fact, the skin of newborns is particularly delicate, and shaving the head can easily damage the scalp, which may damage the hair follicles or cause folliculitis, especially the scalp with eczema cannot be shaved, and infection is likely to occur.

There are some electric hair scissors on the market that are not suitable for infants and young children aged 0-3, especially newborns who are sensitive to current vibrations, and can also damage the delicate scalp.

Therefore, we recommend using hairdressing scissors for infants and young children aged 0-3 to cut their hair. Therefore, mothers may want to cut their baby's hair according to their own preferences and enjoy the parent-child time.



3.Precautions for haircuts

① Use hair tools for infants and young children to cut the baby's hair. Before use, be sure to disinfect the knife blade with alcohol and put away the hair tools after use. Do not give them to the baby as toys.

② When parents cut their baby's hair, it is best to have someone else help. If the baby is crying, it is best not to force him. Wait until he calms down or falls asleep before cutting.

4.How to wash an infant's hair



Some parents often use their own hands to measure the water temperature when bathing and washing their baby's hair, which is very inaccurate. If the water temperature is too low, it may cause the baby to catch a cold and get sick, and if the water temperature is too high, it may burn the baby's delicate skin. Therefore, parents need to prepare an infant bath water thermometer so that they can determine the temperature of the bath water.

In addition, many parents like to rub the baby's hair vigorously with their hands when washing the baby's hair, which causes a lot of pain to the baby's scalp.

①Before washing the baby's hair, we first use a special comb for infants and young children to smooth the baby's hair. This can prevent the hair from knotting and pulling the baby's scalp.



②Before washing your baby's hair, we first use a comb for infants and young children to smooth the baby's hair, so as to avoid tangles and pulling pain on the baby's scalp.

③We can pour the shampoo into the soft-bristled brush for infant care, add a little water, and gently rub it in circles on the brush with our hands to produce foam;

④Then use the brush to gently rub the baby's scalp, and finally rinse the baby's hair with clean water.

5.Why babies need their own brush

The teeth of ordinary combs are relatively hard and pointed, while the teeth of combs exclusive to babies are designed with round heads at the top, which are not easy to scratch the baby's head, thereby better protecting the baby's scalp.

Some parents will share a comb with their baby. Adults' scalp secretions are easily adsorbed with dust and germs. If shared, it is easy to cause the baby's scalp to become infected, which may lead to other diseases



6.How to comb a baby's hair correctly

The growth of the baby's hair is also a reflection of the baby's health. Therefore, parents will also pay special attention to whether the baby's hair is thick, smooth, etc., and combing the baby's hair is a very important part.

On the one hand, combing can help promote hair growth. On the other hand, the baby's scalp is relatively fragile, and great care must be taken when combing. Specifically, we can start from the following aspects:

①Before washing the baby's hair, first use a small comb to smooth the hair, so as to prevent the hair from tangling together, avoid difficulty in combing, and damage the hair when combing hard;

②Choose a small comb with a wider tooth spacing, and the top of the comb teeth is designed with a round head, so that it is not easy to scratch the baby's scalp;



③When combing the baby's hair, comb it in the direction of the baby's hair growth, and the movements should be gentle. When combing, use one hand to grasp the ends of the hair, especially when the baby's hair is very messy. This can reduce the force on the baby's scalp, avoid hair loss due to force, and reduce the pain during combing;

Some parents like to part their baby's hair. It is best to change the position every few days, otherwise the hair in the part will become thinner and thinner

OUR CREEDS

1.Help each other do the right thing (Do not commit wrongdoings)

2.Act proactively and with courage, as if everything counts on you (Ownership spirit)

3.Give to others what you desire for yourself (Altruism)

4.Help one another achieve success and take pride in each other's victories (Team collaboration)

5.Seek ways to make your ideas come true (Do not look for reasons why they won't work)

6.If in doubt—-verify and clarify(Do not make negative assumptions about each other)

7.Maintain a positive state of mind, no matter the circumstances going (Optimism)

8.Do everything with enthusiasm (Be contagious)

9.Do not lose hope (Never give up)

10.Enjoy and happy!

EVERYTHING YOU WANT TO KNOW

Bestwings VR